

## **Landmark Robotic Surgery performed at Fortis Hospital, Mohali; a first in Punjab**

- *Iconic Robotic Da Vinci Surgery performed on three women patients successfully*

**Mohali, August 23, 2017:** A team of doctors at **Fortis Hospital, Mohali** performed a landmark robotic surgery on three women using iconic the Da Vinci Surgical System last week, making it first in Punjab. Three women patients, who were successfully underwent this landmark robotic surgery, were present to share their experience with the media today. The team was led by **Dr Swapna Misra, Senior Consultant, Obstetrics and Gynaecology, Fortis Hospital, Mohali.**

The surgery was done on 36-year-old Mrs. Sheetal through minimal approach to remove endometriosis ovarian cysts. Another 30-year-old was treated by robotic myomectomy which was performed with minimal (<20cc) for infertility by removing fibroid in uterus with minimum blood loss. The 55-year-old women Mrs. Kavita was treated for benign endometrial polyp Robotic hysterectomy with BSO was performed and she was discharged within 36 hours.

Speaking about the surgeries, **Dr. Swapna Misra** said, *“The advantages of this robotic technique are smaller incisions, leading to lower morbidity, less post-operative pain and shorter hospital stay. Robotics has an edge in highly complicated surgeries like endometriosis, PID and gynae cancers when extensive dissection and proper anatomy reestablishment is required.”*

Robotic DA VINCI surgery is done through minimal approach to remove uterus, ovaries, ovarian cyst, fibroid from the uterus, treat infertility and cancers. Patients, who are not candidates for open surgery can be candidates for the robotic surgery due to decreased risk, blood loss, improved vision and access to surgical site. Da Vinci Surgical System enables surgeons to operate minimally invasively through a few small incisions or the belly button from a nearby ergonomic console. As a result of this technology, da Vinci allows surgeons to operate with enhanced vision, precision and control. Various surgeries like myomectomy, hysterectomy, endometriosis tubal anastomosis, sacrocolpopexy, ovarian cystectomy can be performed by robot in minimal time with minimal access minimal pain and minimal hospital stay with best non-comparable results. Robotics gives an edge over more complex surgeries. Gynecological cancers-ovarian/uterine/cervical have never been treated before with such ease, completeness and meticulously.

Speaking about the state of health of her patients, **Dr Swapna Misra**, “Patient had rapid post-operation recovery and was discharged within 24 hours. This rapidly evolving technology is a better alternative to open and laparoscopic surgeries.”

Among others present on the occasion were Mr. Ashish Bhatia, COO (North and East), Dr. Gurbir Singh, Regional Medical Director (North and East), Mr. Abhijit Singh, Facility Director, Fortis Hospital Mohali

**About Fortis Hospital Mohali**

*Fortis Hospital Mohali is a 355 bed, JCI and NABH-certified, multispecialty care hospital. The hospital commenced operations in 2001, and is today considered one of the most recognized cardiac hospitals of India. Located in the heart of Punjab over 8.22 acres, the tertiary hospital has a comprehensive team of clinicians delivering world-class patient care, supported by advanced technology. In July 2014, Fortis Hospital Mohali added the 55-bed ‘Fortis Cancer Institute’ on its premises to offer the latest and most comprehensive Medical, Surgical and Radiation Therapy modalities.*

**About Fortis Healthcare Limited**

*Fortis Healthcare Limited is a leading integrated healthcare delivery service provider in India. The healthcare verticals of the company primarily comprise hospitals, diagnostics and day care specialty facilities. Currently, the company operates its healthcare delivery services in India, Dubai, Mauritius and Sri Lanka with 45 healthcare facilities (including projects under development), approximately 10,000 potential beds and 368 diagnostic centres.*

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