

Fortis Hospitals launches “Centre for Diabetes and Endocrinology”

The specialised medical facility has highly qualified Endocrinologist and highly trained multi-disciplinary team

Bangalore, 20 September, 2016: India is world capital of diabetes. Diabetes is gaining the status of epidemic in India, with approximately 70.2 million individual diagnosed with this disease. It is widely considered as a genetic predisposition or lifestyle disorder. Sedentary lifestyle, unhealthy diet and increased stress levels are just few reasons behind its exponential growth. With the aim of ensuring healthy and normal life for diabetics, Fortis hospital is launching, **Centre for Diabetes and Endocrinology**, one-stop comprehensive care and diabetes management centre **at Bannerghatta and Cunningham hospitals**. These specialized medical facilities are well equipped with state of the art infrastructure. Patients will be consulted by the highly qualified Endocrinologists, supported by highly trained multi-disciplinary team of diabetes specialist nurses and educators, dieticians, diabetic foot care nurses and vascular surgeons.

It is estimated that approximately 96 million people across the world are oblivious to the fact that they have diabetes. Studies have revealed that in India 3 out of 5 people could be suffering from Diabetes. Therefore frequent check-ups and screening are key measures identifying the symptoms of disease and preventing it in early stage. The appropriate lifestyle intervention and medical treatment are equally important for managing the diabetes condition.

Patients can enroll and opt for any of the three different holistic packages -Total, Advance and Advance plus. Each package consist of diagnosis for weight, height, BMI, BP, allergies, foot scanning, retina scanning, dietician counseling and consulting with Endocrinology consultant. The centres will also diagnose and treat various other endocrine disorders such as thyroid, adrenaline, parotid and calcium disorder

Speaking on the occasion **Dr. Manish Mattoo, Zonal Director at Fortis Hospitals** said, “With the launch of the dedicated facility in a Multispecialty-Hospital, we are now better equipped to tackle Diabetes in Bangalore region. At our centres we identify those factors necessary to facilitate critical diabetic challenges. Our endeavour is to put an end to this disease by providing effective treatment and by educating the masses on the factors causing Diabetes and extreme need of leading a balanced lifestyle. Also, the in-house Diabetes and Endocrinology centre will support the other facilities and specialities with timely and accurate intervention on diabetes. This will also save lives of patients admitted with emergency or multiple criticalities”

The ignorance and carelessness towards diabetes can also result into heart attack, stroke, amputations, nerve damage, blindness and kidney disease etc.

About Fortis Healthcare Limited

Fortis Healthcare Limited is a leading integrated healthcare delivery service provider in India. The healthcare verticals of the company primarily comprise hospitals, diagnostics and day care specialty facilities. Currently, the company operates its healthcare delivery services in India, Dubai, Mauritius and Sri Lanka with 45

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healthcare facilities (including projects under development), approximately 10,000 potential beds and 329 diagnostic centres.

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