Empowering Women

Celebrating WOMANHOOD
My Dear Fellow Fortisians,

The weather is getting quirkier by the day. After lying low through the winter and a rather brief spring, the mercury now seems ferociously determined to beat all previous records. As the temperature continues its northward journey, a spurt in diseases and a consequent rush at our hospitals is expected. Whilst we prepare to take care of our patients, we must also keep ourselves healthy, hydrated and well nourished. I am planning to make sure that I consume at least 8 glasses of water a day without fail and I am sure you too must have worked out your strategy to stay healthy during the summer months.

On a somewhat positive note, it’s mango season again!

We have just completed our annual Leadership Offsite meeting held for the purpose of planning the coming year. The two-day meeting was a fantastic opportunity to get together with the entire leadership, review our progress and chart our plan for the short-term and long-term future. Ours is a North-East journey and we are committed to improving the organisation in every sphere, with each step. It was also great to know that this enthusiasm is widely shared within the company and the route to clinical excellence and patient centricity is a clear goal for all of us.

We also celebrated the International Women’s Day at Fortis with great gusto, complimenting and acknowledging the wealth of professionalism that the ladies in our organisation bring to the table. I am really grateful to them for all the power they add - clearly, we would be lost without our women leaders.

On the economic front, the challenges continue to remain and we continue to keep a strict vigil on the developments, including the emerging regulatory environment. However, nothing has changed, or will change, in terms of the fundamentals of our organisation. We remain as committed to our patients as ever and continue our relentless pursuit of clinical excellence. Our zeal to be one of the world’s best healthcare delivery organisations remains undiminished and we remain focused on the development of each one of our people.

The annual appraisal process is nearing closure and I would like to congratulate our HR team as well as the Unit Leadership for the smooth transition to the online, ERP-based platform for the first time. In spite of advancing the timelines this year, the seamless execution and delivery of the process speaks volumes about the meticulous planning that went into the entire process. I extend my thanks to everyone involved.

On a personal front, I have been doing a great deal of introspection on where we are as an industry. On the one hand, the environment is clearly challenging - on the other hand, our responsibility to heal and help must stay on focus. But, more important than all of that is personal responsibility and personal commitment to what we do as professionals. So, as I have thought about it, I am committing myself (recommitting) to staying focused on the patient and supporting clinical excellence. This is a commitment that comes with responsibility and I accept that. As I said, this is my commitment, I imagine you all have yours too - if you are comfortable with it, as I have shared mine, please share yours with me.

As we commence a new financial year, let’s continue to put in our best, as always. I wish all of you a fantastic and fulfilling year ahead.

Warm regards,

Bhavdeep
New Beginnings & Launches

All Women’s Clinic launched at Fortis Malar Hospital, Chennai

As part of International Women’s Day, Fortis Malar Hospital, Chennai has launched an All Women’s Clinic. The multi-specialty clinic aims at providing a one-stop solution for women and is run by an all women team of clinicians and staff led by Dr Nithya Ramamurthy, Senior Consultant - Gynaecology & Obstetrics. The idea behind this ‘by the women, for the women’ initiative is to provide a comfortable platform for women to discuss their problems with the clinicians who can empathise with them and suggest appropriate treatment.

The Clinic offers expertise in Gynaecology, Internal Medicine, General Surgery, Pulmonology, Psychiatry, Dermatology, Oncology, Allergy, Clinical Nutrition and Dental Science. This ensures comprehensive care for women patients of all ages.

ECMO Program launched at Fortis Escorts Hospital, Faridabad

Fortis Escorts Hospital, Faridabad has introduced Extra Corporeal Membrane Oxygenation (ECMO) - an advanced technology that uses a machine to bypass the lungs and occasionally, the heart. The life-saving technology is used in emergency cases, including acute severe cardiac or pulmonary failure.

The technology was used to revive a 40-year-old patient admitted to the Emergency Department in a state of shock with unrecordable pulse and blood pressure due to Aluminium Phosphide toxicity. In view of the precarious condition, the team led by Dr Kanwar Aditya Baloria, Senior Consultant- Cardiac Anaesthesia immediately decided to put the patient on Veno Arterial (VA) ECMO. The patient was shifted to the CTVS OT where a Transoesophageal Echocardiography (TEE) revealed an ejection fraction of merely 15%. As the patient was sinking fast, the team initiated routine Cardio-Pulmonary Bypass Support through the Femero-Femoral route and successfully switched to ECMO support after 100 minutes.
Fortis La Femme becomes the first Fortis unit to be accredited by FOGSI

La Femme becomes the first Fortis unit to be accredited by FOGSI

Milestone

Fortis Healthcare’s awareness drive at the Kala Ghoda Art Festival, Mumbai garners over 6,000 organ donation pledges

An organ donation drive, ‘More to Give’, organized by Fortis during the Kala Ghoda Art Festival, in Mumbai elicited an overwhelming 6,126 organ donation pledges, including those from celebrity actors R. Madhavan and Shreyas Talpade.

As part of the drive, several events including a concert in honour of the donor families, street plays and contests were held. These were aimed at creating awareness regarding organ donation. The festival inspired more people to come forward and pledge their organs in support of the cause.
Clinical Excellence

Doctors at Fortis Vasant Kunj, New Delhi excise world’s largest adrenal tumour, weighing 11.5 kgs

A team led by Dr Randeep Wadhawan, Director, Minimal Access Surgery, Bariatric & Gastrointestinal Surgery at Fortis Flt Lt Rajan Dhall Hospital, Vasant Kunj, New Delhi created history by removing the world’s largest adrenal tumour, weighing 11.5 kgs, from a 55-year-old patient’s stomach. The rare tumour, diagnosed as adrenal myelolipoma, was excised after a complex surgery.

The patient was gaining weight over a few years. He also suffered from Type 2 Diabetes and Hypertension. This prompted him to consider bariatric surgery. Evaluation and investigation by Dr Anoop Misra, Chairman - Fortis C-DOC, revealed a massive abdominal tumour measuring 30 x 25 cms. The tumour completely occupied the right side of the abdomen and intruded partly to the left. The patient was unaware of the stealthy tumour’s presence as it caused no complication apart from an uncomfortable dragging sensation and heaviness on the right side of the abdomen.

Record 838 gallstones removed through laparoscopic surgery at Fortis Shalimar Bagh, New Delhi

A team of doctors led by Dr Amit Javed, Consultant - Gastrointestinal Surgery at Fortis Hospital, Shalimar Bagh, New Delhi performed a meticulous two-hour laparoscopic procedure to remove 838 stones from the gall bladder of a patient. This is reportedly the highest number of gallstones ever extracted from a patient in India.

The patient had been experiencing acute stomach ache along with intermittent episodes of fever. She was nauseous, feverish and in extreme discomfort when she arrived at the hospital. Her ultrasound and CT scan suggested that she might be suffering from cancer of the gallbladder, which was extremely inflamed and had grown to six times its original size.

Did you know? Trachoma, a blindness causing infection, has been eliminated among Indian children, according to AIIMS doctors.
Special Feature

Fortis celebrates womanhood on International Women's Day

La Femme, GK II, New Delhi celebrated International Women’s Day with a visit to Asha Griha, an orphanage for girls, and donated clothes, books and other essentials. Dr Yasmin Mallick educated the children about puberty and hygiene.

Fortis Hospital, Bannerghatta Road

Apart from chocolate distribution, a photo booth was arranged at the lobby where patients, staff and doctors actively participated.

Fortis S. L. Raheja Hospital, Mahim

Engagement activities, games, fun and frolic marked the International Women’s Day celebration at Fortis S. L. Raheja Hospital, Mahim. Prizes were given away to ‘Best Dressed Lady’ and the team that won the ‘Material Hunt Competition’.
Fortis Hospital, Kalyan

Fortis Kalyan and Kalyan Dombivli Municipal Corporation organized a health camp for 200 policewomen. Dr Sushma Tomar, Senior Gynaecologist & Obstetrician and Dr Deepali Rothe, Gynaecologist led the camp. Seen in the picture is Dr Sushma Tomar (second from left) with senior police officials.

Fortis Hospital, Noida

Fortis Hospital, Noida celebrated International Women’s Day with various activities. 368 patients benefitted from a medical camp. On-premises health talks on 'Cervical & Breast Cancer' and 'Healthy Diet for Healthy Women' were held for employees of various companies.

Fortis Hospital, Anandapur, Kolkata

Sister Doli Biswas, Chief of Nursing, Fortis Hospital, Anandapur, Kolkata delivered a lecture on 'Women Empowerment with respect to Patient Care'.

Fortis Hospital, CG Road

Dr Vishnu Vardhan, Facility Director and Dr Priya Goutham, Medical Head, gave gifts to lady patients.
Hiranandani Hospital, Vashi – A Fortis Network Hospital

Hiranandani Hospital, Vashi – A Fortis Network Hospital from Fortis Hospital, Vashi launched a month-long initiative, ‘Be Bold For Change,’ aimed at empowering women to tackle emergencies. Ms Maya More, Senior Police Inspector, Ms Jyoti Suryavanshi, Sub PI, Head – Anti-terrorist Cell and Coastal Security, Vashi, Mr Prabhakar Gade, Chief Fire Officer, Navi Mumbai, Ms Upendra Bhalwal, Dr Vandana Gawdi, Senior Consultant Obstetrics & Gynaecology and Dr Manisha Bobade, Facility Director, Hiranandani Hospital, Vashi – A Fortis Network Hospital from Fortis Hospital, Vashi attended the launch ceremony.

Fortis Memorial Research Institute, Gurugram

(L-R): Dr Sonali Vatsa, Medical Superintendent, FMRI; Dr Simmardeep Gill, Zonal Director; Dr (Prof) Suneeta Mittal, Director & HOD, OBG, FMRI; Dr Kasonde Mwinga, Expert from WHO and Mr Sandeep Khirwar, Police Commissioner, Gurugram at a panel discussion at Fortis Memorial Research Institute, Gurugram

Fortis Memorial Research Institute, Gurugram

A dance class was organised for the staff at Fortis Hospital, Mulund. The hospital also acknowledged the power of women who lead by example by unveiling their life-size cut-outs. The unveiling was done by Dr S. Narayani, Zonal Director, Fortis Hospital, Mulund.

Did you know?

Highest temperature in India, officially recorded was 51.0 °C (123.8 °F) at Phalodi, Rajasthan on 19 May 2016.

Source: World Meteorological Organization
The Fortis Resident Induction Programme aims to accelerate the integration of our Resident Doctors into the organisation. Since its launch in 2015, about 350 resident doctors have attended the programme. Conceptualised and designed by the Medical Strategy and Operations Group (MSOG), the one-and-half day programme covers medical emergencies, good medical practice guidelines, medical regulatory issues, medico-legal challenges and life skills for doctors.

Air Marshal (Dr) B. Keshav Rao, Regional Medical Director (NCR), said, “There are 460 medical colleges in India churning out nearly 64,000 doctors every year. In addition, doctors trained in Nepal, Russia, China and several other countries are also eligible to practice in our country. The standard of teaching across these colleges is not uniform. Medical regulatory and medico-legal issues are not adequately covered and an urgent need was felt to offer basic training to all resident doctors who join our system, leading to the development of this programme.”

Dr Gurbir Singh, Regional Medical Director (North & East) said that the new Resident Induction Programme has been well received. He said, “The modules on service processes and procedures, emergency codes, risk and prevention strategies in a work place, hospital services, professional and financial privileges are significant. Additionally, they need to be oriented on communication, soft skills, code of conduct, professional behavioural expectations and responsibilities, grievance handling, patient liaison and complaint handling, medical ethics and the culture of safety.”

Dr Hiren Ambegaokar, Regional Medical Director (South & West) said, “The Resident Induction Programme is well structured and well thought of. It is good to know that we have defined information for our doctors because of which they are able to understand how to apply their skills in the new set-up.”

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Events

Fortis BG Road conducts session on Brain Death and Organ Donation

As part of an effort to raise awareness, a workshop on organ donation was conducted at Fortis Hospital, BG Road, Bengaluru. ‘Practical and Technical Aspects of Brain Death and Organ Donation’ were covered during the session, which was organised in collaboration with MOHAN Foundation. Administrators, Doctors, ICU staff, Transplant Coordinators, Accident and Emergency staff participated in the event.

Dr Tan Kai Chah, Executive Chairman, Asian American Transplant Center, Singapore inaugurated the event. A short film was screened on Brain Stem Death. The session also included topics such as legal aspects related to organ transplant, identification of brain death, protocols for organ retrieval and transplant and grief counselling.

Fortis and MOHAN Foundation team members

Fortis Escorts, New Delhi, holds Support Group meet on Sleep Disorders; book titled ‘The Sleep Solution’ by Dr Manvir Bhatia launched

A Fortis Healthcare support group meet for sleep patients was held to advocate and mark the importance of World Sleep Day, on March 17, 2017. The meet was organised at IIC, New Delhi and was spearheaded by Dr Manvir Bhatia, Senior Consultant and Head, Sleep Centre, Fortis Escorts Heart Institute, New Delhi. Her book, released by Dr Ashok Seth, Chairman –Fortis Escorts Heart Institute; and Dr Anoop Misra, Chairman, Fortis C-DOC, is a doctor’s professional guide on sleep. It addresses queries related to sleep, sleeping habits and disorders. The book also provides quick tips and other helpful remedies to correct a person’s sleeping habits.
Fortis BG Road, Bengaluru organises webinar on 'How to help kids deal with stress'

Over 400 parents attended a first-of-its-kind webinar on how to help kids deal with stress in a healthy way. Dr Anjana Rao Kavoor, Consultant Psychiatrist, presented the event in collaboration with School of India. The webinar focused on topics like how to encourage children to face their fears, helping children focus on the positives, incorporating relaxing activities in their schedule, encouraging children to share their anxiety and managing stress. The webinar was hugely appreciated.

La Femme, Bengaluru conducts first basic newborn resuscitation workshop

39 participants attended La Femme, Bengaluru's first workshop on basic newborn resuscitation (BNCRP). BNCRP Part 1 is a certification course instituted and supported by the Indian Academy of Paediatrics and the National Neonatology Forum for doctors and nurses involved in deliveries or immediate care thereafter. The renowned faculty included Dr Archana Bilagi, Neonatologist, St Philomena’s Hospital; Dr Chandrakala, Associate Professor - Neonatology, St John’s Hospital; Dr Sahana D, Associate Professor - Neonatology, BMCR; Dr Jagadish A.S, Neonatologist - MVJ Hospital and Dr Shalini Chico, Neonatologist, Fortis La Femme.

2nd annual 'Hands on Echocardiography Workshop' held at Fortis, Anandapur

35 clinicians from diverse specialities, including cardiac and general anaesthesiology, cardiology, cardiac surgery, emergency and critical care medicine participated in the 2nd Annual Hands on Echocardiography Course, held at Fortis Hospital, Anandapur, Kolkata. The event, conducted in collaboration with HEARTWORKS, UK and the Indian Academy of Echocardiography, was spearheaded by Dr Saikat Bandyopadhyay, Chief Consultant, Cardiac Anaesthesiology & Intensive Care, Fortis Anandapur. The overwhelming response to the first workshop held in 2016 prompted the organisers to make it an annual event.
## CALENDAR 2017-18

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### IMPORTANT HEALTH DAYS

#### JANUARY
- 24th: National Girl Child Day
- 28th: World Leprosy Eradication Day

#### FEBRUARY
- 4th: World Cancer Day
- 10th: National Deworming Day
- 15th: International Childhood Cancer Day

#### MARCH
- 8th: International Women's Day
- 9th: No Smoking Day
- 10th: World Kidney Day
- 24th: World Tuberculosis Day

#### APRIL
- 2nd: World Autism Awareness Day
- 7th: World Health Day
- 11th: World Parkinson Day
- 17th: World Hemophilia Day
- 19th: World Liver Day
- 25th: World Malaria Day

#### MAY
- 8th: World Thalassemia Day
- 12th: International Nurses' Day
- 17th: World Hypertension Day
- 31st: World No Tobacco Day

#### JUNE
- 14th: World Blood Donor Day

#### JULY
- 1st: National Doctor's Day
- 28th: World Hepatitis Day

#### AUGUST
- 1st to 7th: Breastfeeding Week
- 25th to 8th Sept: National Eye Donation Fortnight

#### SEPTEMBER
- 10th: World Suicide Prevention Day
- 21st: World Alzheimer's Day
- 24th: World Day of Deaf
- 28th: World Rabies Day
- 29th: World Heart Day

#### OCTOBER
- 10th: World Mental Health Day
- 12th: World Arthritis Day
- 15th: World Hand Washing Day
- 24th: World Polio Day
- 26th: World Obesity Day
- 29th: World Stroke Day

#### NOVEMBER
- 10th: World Immunization Day
- 12th: World Pneumonia Day
- 14th: World Diabetes Day
- 17th: World Epilepsy Day
- 30th: National Organ Donation Day
- 14th to 20th: World Antibiotic Awareness Week

#### DECEMBER
- 1st: World AIDS Day
- 3rd: International Day of Persons with Disabilities
- 9th: World Patient Safety Day
A 'brush' with Dr Aditi Bhatt, Consultant - Surgical Oncology, Fortis Hospital, Bannerghatta Road, Bengaluru…

What themes do you paint on and what is your style of painting called?
Nature has been my source of inspiration and most of my paintings are landscapes. Of late, I am working only on the sky and my last batch has been a series of skyscapes. I have two distinctive styles - impressionism and 'folk art,' wherein I use motifs used by Indian craftsmen.

What inspired you to take up art?
Art was part of my everyday life during childhood. My mother loved painting and my grandmother taught me to embroider, knit, sew, do crochet and even stitch my own clothes. I learnt calligraphy from books and have taken courses in 'kalamkari.' During a trip to Paris in 2010, I realised the power of paintings to evoke emotions. That was the first time I felt an urge to paint and it has persisted ever since.

Tell us about some of the artists who have influenced you the most?
The artists I admire the most are Claude Monet, Henri de Toulouse-Lautrec, Francois Boucher, Jacob van Ruisdael and of course Vincent Van Gogh.

What advice would you give to the new generation who want to pursue their passion like you?
I want to clarify that my first love and passion is surgery and oncology. That’s what I like to do the most. Having said that, I feel children should have lots of hobbies so that they get to know their interests.
What made you take up nursing as a career?
I was always passionate about helping people who are in pain. Being a nurse is one of the best things that happened to me. In my childhood, whenever I visited a hospital I was always amazed to see the Nurses working so selflessly.

Tell us about your journey at Fortis. What do you like the most about working at Fortis?
I have an amazing Nursing team that supports me as I go through the ups and downs in my life, both personal and professional. Another thing that I like the most is the training we receive. It allows us to grow professionally and stay updated.

You displayed amazing presence of mind during the emergency. What exactly was going on in your mind at that moment?
The only thing that came to my mind was that I needed to do something to save the life of the patient. Life is very precious and I see its value every day.

What inspires you to act selflessly and dedicate yourself to your profession?
I feel deeply satisfied when I see a smile on the face of my patients and that inspires me the most.

Anything that you would like to share with colleagues across Fortis?
Be dedicated to your work. The patients are in pain and we are the healers. There is nothing like serving those who are in pain and in need of care. Working with all our heart is the only key to success and to receive the grace of the Almighty.
**Wall of Fame**

**REGION : DELHI NCR**

**Fortis Hospital, Noida**

The nursing and assistance provided by them and supervising team was exceptional. They have provided personal assistance and comfort to the patient. They have attended to every requirement of the patient without any delay at the right time.

Sister DIVYA, SNEHA, JESNA, NEETHU, TINTU, BINU gave their personal attention to the patient. “Such service is indebted”. The most indebted and liked service by God is the service provided by CHANDIDNI, POORVI, SASHIKALA and SUDHA.

Sister BINDU, SINDHU, SAIJU gave their personal attention and effective guardianship.

“Thanks to everyone”.

**Appreciated By**  
Mrs Vijayalakshmi

**Fortis Hospital Shalimar Bagh**

My brother has been coming to Fortis since last 3.5 years for dialysis and betterment. Dr (Manoj) Arora is the one who pulled him “out of death bed” in 2013, when we first visited. His way of counseling the patient/attendant is FANTASTIC. He is the one who asked Sumeet all the time to go for Kidney Transplant which was done on 16th Feb and it was a success for all of us. I would like to convey my sincere thanks to Dr. Arora for a wonderful decision he took. “Thank you so much Sir”. Dr. Arora also ensured “My Mom” - who was a donor went back home in good condition.

8 days in KTP ward were amazing. Calling every day at 10pm then 2am at night, I don’t know how many doctors do this but this man Dr. Arora did this all the days. He is one of the most amazing human on earth.

**Appreciated By**  
Mr Sumeet Kakkar

**REGION : SOUTH & WEST**

**Fortis Hospital, Mulund**

Mr. Pawan’s uncle was admitted with paralysis and was in coma. After admitting his uncle, he went to the cafeteria at 3 am in the morning. He was sitting in a corner, worried and tensed. The entire cafeteria was deserted and the staff was preparing and cleaning. At that time one of the staff - Faizal noticed him sitting in the corner looking worried.

He went over to him, kept a cup of tea and silently went away. The patient’s nephew was stunned and enquired Faizal as to why did he serve him tea, since he had not asked for one. Faizal replied, “I saw you worried and thought if you have a cup of tea, maybe you will feel better”. Mr. Pawan was so touched by this act that he made sure he had his tea at the cafeteria only every day. Even after discharge he came back to meet all staff and specially met Faizal and thanked him again for his caring attitude.

**Appreciated By**  
Mr S Mulaokar
Fortis Hospital, Jaipur

I wish to bring out that my father, a retired Lieutenant Colonel, was bedridden and in need of a Total Knee Replacement surgery. I progressed the case through ECHS and had planned the operation at another hospital. However, I was fortunate to have a chance meeting with Lieutenant Colonel Manan Mukul, Head of Admin at Fortis Hospital, Jaipur. Manan gave me an exhaustive rundown of the facilities available and also provided detailed information of the surgeons at Fortis Hospital who were experts in this field. This timely advice from Manan made me change my decision and I chose to get the surgery done at Fortis Hospital, Jaipur.

At the hospital, the conduct of the staff was highly professional. All formalities were promptly attended to. I found Dr Jhurani, the Doctor who performed the surgery, to be an exceptional professional who instills confidence in his patients. The positive attitude of the entire staff headed by Manan infused confidence in my otherwise anxious father. Manan, as Head Admin, took pains to see that all checks and formalities were complete. He took time to visit my father daily in his allotted room and reassured him that the operation would go well. I was also impressed with the hygiene and sanitation standards, the spic and span ambience of the room, quality of housekeeping and Linen. The surgery went through flawlessly and the post-operative recovery was fantastic due to the good care taken by the staff.

I have no words to express the wonderful experience that we went through at Fortis Hospital. Manan, Dr Jhurani and the entire staff deserve accolades for their work ethos and positivity. I wish your hospital all the very best.

Appreciated by Colonel Ajoy Sharma

Appreciated by Mrs Vandana Uparkar

Fortis Hospital, Mulund

Sister Sulna, Anjali, Jincy are my three angels. Sr Nalini looked after me like mother. It was her gentle motivation and support that I went through the labor pains so easily and had a normal delivery. You all have made us feel like a part of one family. I wish my baby becomes a nurse like you all.

This patient had come for her second baby delivery. She came in labour and from there till discharge she was looked after so well that she wrote two feedback forms, and three Delight cards for our nurses.

Appreciated by Mrs Vandana Uparkar

Fortis Malar Hospital, Chennai

Very very happy about the service provided in health check by staff and sister. I felt already cured by the way the staff treated me. Since I am from Bangladesh, thought it would be difficult to converse with the staff here, but the PHC reception staff was extremely friendly and highly helpful in each and every stage of my tests. Dr was very professional and caring. I could witness excellent teamwork by Vani, Sis Violet, Ranjitha, Sasi and Bhavani. Well done and keep up the good work.

Appreciated by Mrs Kamrun

REGION: North & East

Did you know? Fortis Foundation supported 471 children for the treatment of CHD and Cleft Lip correction from January 2016 to December 2016.

Source: Fortis Foundation
A Little Extra Care

Fortis Foundation and the Maharashtra Chief Minister’s Relief Fund extend support for the treatment of children with Congenital Heart Defects at Fortis Hospital, Mulund

Maharashtra Chief Minister’s Relief Fund has extended financial aid to Project Aasha for treatment of underprivileged children with Congenital Heart Defects (CHD) at Fortis Hospital, Mulund. Fortis Foundation’s UMEED-Dhadkan initiative, in close cooperation with the Fortis Hospital, Mulund and the Chief Minister’s Relief Fund, aims to treat hundreds of children suffering from CHD. The children will be treated by Dr Vijay Agarwal, Chief of Paediatric Cardiac Surgery, Fortis Hospital, Mulund. Twenty children accompanied by their parents from Palghar and Malegaon in Maharashtra will be a part of the first batch to undergo treatment.

Fortis Foundation celebrates 5th Nanhi Chhaan Day by planting saplings

Fortis Foundation, in association with Fortis Healthcare, celebrated the 5th Nanhi Chhaan Day by planting 400 saplings at Fortis Memorial Research Institute, Gurugram (FMRI). More than 60,000 saplings have been distributed across India through the Fortis network to spread the message of ‘Save the Environment, Save the Girl Child, Save Humanity.’ The Foundation has distributed over 13 lakh saplings since its inception in 2008 across all centres. Ms Shovana Narayan, Padmashri awardee and celebrated Kathak dancer was the Chief Guest on the occasion.
Fortis Mohali wins coveted Asia Pacific Hand Hygiene Award

Fortis Hospital, Mohali has been feted with the coveted Asia Pacific Hand Hygiene Award for 2016. Dr Anita Sharma, Head - Infection Control Committee, received the honour on behalf of Fortis Mohali at a ceremony in Bangkok recently. The hospital earned the recognition for demonstrating outstanding leadership in implementing an effective hand hygiene campaign.

Of the many applicants, only 3-4 hospitals were shortlisted from each country for inspection. An independent delegation comprising Prof Didier Pittet (Chair), Director, WHO Collaborating Centre on Patient Safety, Switzerland and Prof Dr Wing-Hong Seto, Director, WHO Collaboration Centre on Infectious Disease Epidemiology and Control visited each of the finalists to evaluate their programmes on the basis of creativity, innovation and other criteria. The experts also held discussions with the hospital management to assess ongoing efforts, sustainability and outcome measures.

La Femme ranks No. 2 in North India, 5th in the country in All India Critical Care Hospital Ranking Survey 2017

La Femme has been ranked 2nd in Regional and City rating, and 5th in the country for the speciality of Obstetrics & Gynaecology by the All India Critical Care Hospital Ranking Survey 2017. The Survey, conducted by OMS, a division of the Times Group, was published in the Times of India, a leading English daily in India. The recognition underscores Team La Femme’s ability to provide distinctive patient care.

Did you know?

99% of deaths in children under 5 years of age with influenza related lower respiratory tract infections are found in developing countries.

Source: WHO Fact Sheet, November 2016
Dr Ashok Seth, Chairman - FEHI, conferred with 'Life Time Achievement Award in Interventional Cardiology' for 2016

Central Govt. appoints Prof Dr Upendra Kaul as the Co-Chairman of Expert Group for Cardiovascular Research program

Did you know?

97 Unilateral Knee Replacement units were used across Fortis in the month of February 2017.

Source: SCM Team
Dr Hemant Atri from Fortis Escorts Hospital, Faridabad, wins 'Young Researcher Award'

Dr Hemant Atri, DNB, Surgery, Resident, Fortis Escorts Hospital, Faridabad, has won the 'Young Researcher Award' at the 6th International Conference on 'Recent Trends in Engineering Sciences and Management', held at the National Institute of Technical Teachers Training & Research, Chandigarh. The conference was organised by Shri Guru Teg Bahadur Khalsa College, Anandpur Sahib, Punjab. Dr Atri has also won the 1st prize at the 3rd International Conference on 'Recent Innovation in Science' convened by the International Federation of United Nations Associations, New Delhi, for his research.

Ms Ritu Verma, Head-HR, Fortis Memorial, Gurugram wins '4th World Women Leadership Award'

Ms Ritu Verma, Head –HR, Fortis Memorial Research Institute (FMRI), Gurugram, has been honoured with the ‘4th World Women Leadership Award’ based on merit. The award was presented by the leading women's magazine, ‘Femina’, at a ceremony in Mumbai. The winners have also been featured in a book which was released on the occasion. The award, constituted by a group of senior industry professionals, aims to recognise women super achievers.

Ms Verma has made an immense contribution towards designing new HR initiatives at FMRI and has played a pivotal role in transforming the image of Human Resources Management from a ‘cost centre’ to that of a ‘strategic business partner’.

Dr Yugal K Mishra elected Sr VP and Chairman, Scientific Committee at annual IACTS meet in Bangalore

Dr Yugal K Mishra, Director, Department of Cardiovascular Surgery, FEHI has been elected as the Senior Vice President and Chairman of the Scientific Committee of the Indian Association of Cardio Vascular Thoracic Surgeons (IACTS), for the current year 2017-18, at its recently concluded 63rd annual meeting, in Bangalore.

As per tradition, Dr Mishra will be taking over the presidency of this national body of senior surgeons, next year. Dr. Mishra is the President of the Society of Minimally Invasive Cardiovascular and Thoracic Surgeons of India and is the Founder Member of the Indian Collage of Cardiology.
Trivia

Test Your IQ
March 2017

1. What is the full form of ECMO?
2. Which Fortis unit welcomed its first baby through water birth?
3. What was the weight of the world’s largest adrenal gland tumour, surgically removed at Fortis Flt Lt Rajan Dhall Hospital?
4. Name the world’s longest railway platform?
5. How many saplings were distributed on Nanhi Chhaan Day at Fortis Memorial, Gurugram?
6. Name the recently released book written by Dr Manvir Bhatia of Fortis Escorts Heart Institute, New Delhi?
7. How many Organ Donation Pledges were received by Fortis at the Kala Ghoda Art Festival, Mumbai?
8. Name the highest railway station of India?
9. When is World Autism Awareness Day?
10. In which city was India’s first biogas-powered bus service launched?

Answers to last month’s quiz

1. February 9, 2017
2. FCEC/ Fortis Malar, Chennai
3. World War II
4. Fortis Flt Lt Rajan Dhall Hospital, Vasant Kunj
5. Fortis Ludhiana
6. PCNL
7. 17.3 lakh
8. Volumetric Modulated Arc Therapy
9. 104
10. FMRI, Gurgaon

Send in your answers to supportoffice.communications@fortishealthcare.com by April 10, 2017.

Do mention your full name, designation, phone number and location. The first FIVE all correct entries will receive a gift. Hurry!!
Patient: You know doctor, the problem is obesity runs in our family.

Doctor: You know what, the problem is no one runs in your family.

Doctor: You should have 10 glasses of water every day.

Patient: That’s impossible!

Doctor: Why?

Patient: I have only 4 glasses at home!

Patient’s husband: Doctor, our baby was born last week. By when will my wife begin to feel and act normal?

Doctor: When your child goes to college!
Congratulations!

Happy Wedding

Dr. Neha Singh
FMRI

Mr. Arjun Singh
Noida

Dileesh Philip
Noida

Bincy Mariamma Abraham
Noida

Rohit Singh
Dehradun

Pushpandra Singh
Mohali

NEW ADDITIONS
TO YOUR FAMILY

Dr. Wasim Rashid
FEHI

Abhishek Malhan
Support Office

Mr. Jiwan Singh
FEHI

Vaishali Bahal
Support Office

Mr. Ginso Jose
FMRI

Mr. Jyoti Prakash
FMRI

Sonia Chopra
FMRI

Ms. Shalini Srivastava
FMRI

Mr. Mahesh Chandra Bhatt
FMRI

Ms. Tintu Abraham
Noida

Mr. Vipin Chandra Bahuguna
Dehradun

Pankaj Verma
Shalimar Bagh

Sukhjeet Singh
Mohali

Dr. Ashish Jindal &
Dr. Meenakshi Jindal
Ludhiana

Mr. Shamshad Ahmad
FEHI

Produced by Support Office Communications Team
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