

Fortis La Femme delivers its first baby by a water birth!



Fortis La Femme started its operations with its first baby delivered through water birth. The hospital is a 30 bed unit within Fortis Escorts Jaipur with specialized departments of Obstetrics and High Risk Pregnancy, Minimal Access Gynecology Surgery, Neonatal Intensive Care (Tertiary Care Level 3 NICU), Cosmetology and Dermatology.

The key driving force behind bringing in La Femme as an exclusive service provider is the singular enhanced focus on women's health. With patient centricity and clinical excellence as priority, La Femme promises a much enriched patient experience through improved infrastructure and exemplary services and aesthetics.

The water birth was spearheaded by Dr. Smita Vaid, Senior Consultant Obstetrics and Gynaecology and well supported by Dr. Satyen K Hemrajani, Senior Consultant Neonatology with their specialised La Femme team.

The patient opted for non-pharmacological method of pain relief post lot of discussion and contemplation with her doctor and decided to go in the pool of warm water. Labor progressed naturally while the patient was comfortable in the pool and finally delivered in a calm environment under water without an Episiotomy.

There are multiple benefits of water birth like buoyancy effect for an easy and composed delivery, pain relief and no additional dosage of medicines. Fortis La Femme is a pioneer of Water Birth in the city and is globally respected as a woman and child health care provider for exemplary clinical & holistic wellness care.

Dr. Smita Vaid, Senior Consultant Obstetrics and Gynaecology, said "Birth events affect the personality of human beings and hence future societies. What's better than welcoming new life in the serene atmosphere of La Femme with a backup of excellent clinical acumen and state of the art infrastructure."

Dr. Satyen K Hemrajani, Senior Consultant Neonatology said "With a well-qualified team dedicated for providing best service to the tiniest new born and a world class infrastructure for NICU, Fortis La Femme NICU is equipped to handle any neonatal condition."