

## Fortis Escorts, Faridabad strengthens Kidney Transplant Programme

*New team of experts on board, reinforcing of infrastructure  
with a comprehensive, safety-focused and patient-centric approach*

**8<sup>th</sup> February, 2017, Faridabad:** Fortis Escorts Hospital, Faridabad is strengthening its foundation in the area of renal transplant programme by recommencing kidney transplant and care. The hospital brings together a complete team of clinicians to extend a comprehensive and integrated Renal Transplant Program. The team comprises experts including Nephrologists, Urologists, Transplant surgeons and anaesthetists. The team is spearheaded by **Dr. Vijay Kher, Executive Director, Department of Nephrology, Fortis Healthcare.**

**The new team has successfully conducted the first kidney transplant on 33-year-old patient from Uzbekistan,** who was suffering from end stage kidney failure secondary to hypertension and was dependent on dialysis for last 10 months. The recipient and donor recovered well and went back to their country. Dexterous medical management and expert surgical intervention gave the recipient a fresh shot at life. The expertise in the new team from Nephrology is brought in by **Dr. Vijay Kher along with Dr. Suresh Chandra and Dr. Mohit Madken** having extensive experience in renal failure and other ailments related to the kidneys. The team of Urologists comprises **Dr. Ritesh Mongha, Dr. Manish Kr. Choudhary, and Dr. Sanjay Agarwal** having vast experience and comprehensive skills in pre-operative, operative and post-operative management of the recipient and donor.

**Dr. Vijay Kher, Executive Director, Nephrology,** said, "Today, kidney failure is one of the leading causes of death. The gravity of the problem requires the best clinicians to provide effective and efficient clinical solutions to such problems. The renal sciences team at the hospital has been constituted to integrate clinical efficiency with the latest technologies in treating patients suffering from renal failure. Our team has in-depth and diverse expertise in addressing various ailments related to the kidney and treating them comprehensively. We are fully equipped to provide the latest treatment in renal care to all our patients."

**Dr. Ritesh Mongha & Dr. Manish Kumar Choudhary, Consultant-Urologists, Fortis Escorts Hospital Faridabad** said, "Our Kidney Transplant Programme (KTP) offers comprehensive solutions for people suffering from end-stage renal disease in and around Faridabad and surrounding cities. The transplant team further supported by state-of-the-art infrastructure, advanced technology, fully equipped ICUs is all set to extend the best clinical outcome with strict adherence to the Fortis Policy of Patient Safety."

"Our healthcare delivery programme has been expanded to meet the needs of our patients and the community. By bringing in an exceptionally skilled Kidney Transplant team, we are offering the best standards in renal care at our hospital. This will be convenient and accessible to our patients particularly in Faridabad & its

**Press Release**

neighbouring areas. We are committed to delivering clinical excellence that Fortis Escorts has consistently been offering for over 35 years,” said **Mr. Mohit Singh, Facility Director, Fortis Escorts Hospital, Faridabad.**

A kidney transplant is a surgical procedure to place a kidney from a live or deceased donor into a person whose kidneys no longer function properly. Only one donated kidney is needed to replace two failed kidneys, making living-donor kidney transplantation an option. If a compatible living donor isn't available for a kidney transplant, the patient's name may be placed on a kidney transplant waiting list to receive a kidney from a deceased donor. A transplant is used to treat kidney failure (end-stage kidney disease), a condition in which the kidneys can function at only a fraction of normal capacity. People with end-stage kidney disease need either to have waste removed from their bloodstream (dialysis) or a kidney transplant to stay alive. The most common causes of end-stage kidney disease include Diabetes, Chronic, uncontrolled high blood pressure, Chronic glomerulonephritis and Polycystic kidney disease<sup>i</sup>. It is estimated that around 200,000 kidneys are needed every year in India and only about 2-3% patients get it. Twelve people die a day waiting for a new kidney as more than 100,000 people are on the list for kidney transplants according to the National Kidney Foundation. Less than 17,000 kidney transplants are performed every year in the country.

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<sup>i</sup> <http://www.fortishealthcare.com/india/key-medical-procedures/kidney-transplant-103>