

Patients say ‘thank you’ to doctors on World Kidney Day

Fortis doctors speak on obesity-kidney disease link

Mohali, March 9, 2017: Dialysis patients and their family members today gathered for a special event to mark ‘World Kidney Day’ organized at Fortis Hospital Mohali today. The interaction was held under the aegis of “Sahaayak”, a get-together of patients of kidney failure undergoing dialysis. Those who have undergone kidney transplant also attended the event. The day was made special as the patients presented mementoes to doctors, thanking them for their care and support.

The doctors’ team was led by **Dr Mukut Minz** (Director – Transplant), **Dr HJS Gill** (Senior Consultant, Nephrology), **Dr HK Bali** (Director – Cardiology), **Dr Adarsh Swami** (Director – Anaesthesia), **Dr Apra Kalra** (Head – Blood Bank), **Dr Anita Sharma** (Head – Lab Medicine), along with **Dr Amit Sharma** (Consultant – Nephrology) and other key members of the Nephrology and Transplant Unit at the hospital.

Throwing light on this year’s theme of World Kidney Day, Dr Amit Sharma said world over healthcare personnel were focusing more and more on the association between obesity and kidney disease. *“Obesity is a potential risk factor for development of kidney disease as it increases the incidence of developing diabetes and hypertension. In those affected by obesity, the kidneys have to work harder, filtering more blood than normal to meet the metabolic demands of the increased body weight,”* he said.

Doctors encouraged the audience members to not only keep a check on other risk factors of kidney disease, but most importantly, keep an eye on the weighing scale. “Obesity is preventable, and we endeavor to spread more awareness about the right lifestyle in an effort to prevent risk factors associated with being overweight,” said Dt Sonia Gandhi, Head – Dietetics and Nutrition.

About Hospital Mohali

Fortis Hospital Mohali is a 355 bed, JCI and NABH-certified, multispecialty care hospital. The hospital commenced operations in 2001, and is today considered one of the most recognized cardiac hospitals of India. Located in the heart of Punjab over 8.22 acres, the tertiary hospital has a comprehensive team of clinicians delivering world-class patient care, supported by advanced technology. In July 2014, Fortis Hospital Mohali added the 55-bed ‘Fortis Cancer Institute’ on its premises to offer the latest and most comprehensive Medical, Surgical and Radiation Therapy modalities.

For more information, please contact:

Fortis Healthcare Limited	Catchers Media Solutions
----------------------------------	---------------------------------

Press Release

For Immediate Publication



Megha Sandhu | 9876710700

megha.sandhu@fortishealthcare.com

Amit Roy | 9501101071

amit@icatchers.co.in