

PRESS RELEASE

For Immediate Publication



Doctors at Fortis Hospital Noida perform High Risk Spine Fixation surgery on 80-year-old female and a 6-year-old kid

Noida, 17 July 2018: Doctors at Fortis Hospital, Noida recently performed intensive spine fixation surgeries on an 80-year-old female and a 6-year-old kid. **Dr. Rahul Gupta, Additional Director, Dept of Neuro Surgery, Fortis Hospital, Noida** along with his team conducted these highly intensive and complicated surgeries.

Arav (name changed), 6 year old kid, had been involved in a road accident and presented with severe complications such as complaints of a tilted neck (torticollis), restricted neck movement and pain in left shoulder region. The patient had been previously diagnosed with a left clavicle fracture. On further medial evaluation, it was discovered that he had an atlanto axial dislocation and type 2 odontoid fracture with torticollis. He was extensively evaluated by CT scan and MRI. He then underwent posterior bilateral C1 lateral mass and C2 pedicle screws insertion and fixation with rods and screws. The procedure was done with a high-end operative microscope, under the guidance of a c-arm. The surgery lasted for four hours and the patient was discharged ten days post the surgery. The post-operative period was smooth and uneventful.

Saroj Bhatnagar, 80-year-old lady, while at home due to sizzling developed severe low back pain. She neglected it for ten days and did bed rest. When she did not improve, she came to Fortis Hospital, Noida. Post investigations, found that L5 body is fractured. In view of her age, the doctors avoided major surgical procedure and performed minimally invasive vertebroplasty. This procedure usually relieves pain like magic. But in this patient the pain accreted. The doctors tried all non-invasive methods to treat her pain. After 3 months the doctors took a difficult and bold decision to perform spine decompression and fixation surgery which is a major surgical procedure at the age of 80 with several co-modalities. Patient underwent successful spine fixation surgery and recovered within weeks.

Dr. Rahul Gupta, Additional Director, Dept of Neuro Surgery, Fortis Hospital, Noida said, “The elderly patient, Mrs. Saroj Bhatnagar, developed severe backache followed by difficulty in walking. She had pain radiating to her bilateral limb whenever she coughed or bent forward. She had fracture of fifth lumbar vertebrae and keeping her age in mind, only a vertebroplasty was done. This did not improve her pain so major surgery in the form of decompression and fixation was conducted later. This was a high-risk spine surgery; but with the help of an expert neuro anaesthesia team and high end operating equipments, it was successful. The 6-year-old boy’s crucial spine fractures were missed by the previous team of doctors. It was difficult to fix the spine with screws and rods in a child of 6 years as small size screws are not available. He came to us with head tilted to one side. He was in severe agony and did not allow us to touch his neck and head. We could not do the diagnosis on clinical examination and confirmed with CT scan of neck. It was an immensely challenging surgical exercise but was done successfully.”

Dr. Pinak Moudgil, Director, Fortis Hospital, Noida said, “Both the cases were complicated. In both these cases the bones were fragile. Any accident during surgery would have added one more fracture. There was an urgent need to take a decision at that particular time, so that the damage was not permanent. I would like to congratulate our doctors who have done a great job and we feel privileged to serve our patients better.”

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