

## **Ukrainian recipient of landmark 50th Heart transplant surgery successfully discharged from Fortis Hospital, Mulund**

*~ Donated organ saved and enriched life of a 32yr old Ukrainian national suffering from chemotherapy induced Dilated Cardiomyopathy ~*

*~ Conducted during the Organ Donation Awareness Month, this surgery also marks and celebrates completion of 2yrs of the Heart Transplant Program in Mumbai, since its inception on Aug 3rd 2015 ~*

**Mulund, Mumbai, September 6th 2017:** Surgeons at Fortis Hospital, Mulund, in the landmark 50th successive Heart Transplant at the hospital, implanted a donor heart into a 32yr old Ukrainian recipient. This surgery became possible after the parents of a 17yr old female, a college-goer from Jaipur, consented to donate their daughter's organs. She was declared brain dead following a traumatic road traffic accident. Her kin consented to donate Kidneys, Liver and Heart, helping save and enrich lives of four recipients of end-stage organ failure. This surgery marked Mumbai's 59th Heart Transplant.

Declared brain dead at Sawai Man Singh Hospital, Jaipur; the patient's parents was counseled about organ donation. With the parents willingly consenting to donate their daughters' organs, Dr Anvay Mulay, Head of the Cardiac Transplant Team, Fortis Hospital, Mulund, proceeded with the organ harvestation. The donated heart was cross matched to be implanted into a 32yr old female, a Ukrainian national who suffered from Chemotherapy induced Dilated Cardiomyopathy. With history of Acute Myeloid Leukemia, she had undergone multiple Chemotherapy cycles. While in the remission phase, she started showing symptoms of cardiac failure. Medically managed for over 5yrs, she was registered with Fortis Hospital, Mulund, on 18th May, 2017, for an emergency Heart Transplant. She travelled to the country with her husband seeking medical aid.

With Green Corridor enabled both at Jaipur and Mumbai, the donated heart was rushed out of Sawai Man Singh Hospital, Jaipur at **03.50PM**, reaching the Jaipur International Airport at **04.10PM**. Ferried into a commercial flight that took off at **04.15PM**, the team carrying the harvested organ reached Mumbai at **05.31**. Green Corridor from Chhatrapati Shivaji International Airport, Mumbai, enabled smooth transportation of the donor heart, reaching Fortis Hospital, Mulund at **05.48**. Distance of **1,144Kms** was covered in **03hrs and 18mins**.

To celebrate completion of two years of the transplant program and the discharge of the 50th Heart recipient, the young Ukrainian Kseniia Shchihol, was joined by Dr Anvay Mulay, Head, Cardiac Transplant Team, Dr S. Narayani, Zonal Director, Fortis Hospital, Mulund, Mr Raj Gore, COO-South & West, Fortis Healthcare and some past recipients. 8yr old Madhavi Vishwakarma, 17yr old Sweden D'Souza, 24yr old Narendra Vishwakarma, 31yr old Karan Gandhi and 62yr old Sajid Sheikh, joined in, to celebrate the two year journey with their care givers.

Speaking about the historic achievement, **Dr S. Narayani, Zonal Director, Fortis Hospital, Mulund**, said, *“We are extremely proud of our medical teams who have tirelessly worked to enable over 50 successive heart transplants at the hospital; this also marks completion of 2yrs of Mumbai’s Heart Transplant channel, that commenced with our 1st transplant on 3rd Aug, 2015. Fellow Mumbaikar’s have opened their hearts to aid this bold progression, saving and enriching lives of multiple cardiac failure patients, from 8yr old Madhavi to 62yr old Sajid. We also extend our humble gratitude to Dr Vimal Bhandari, Director National Organ and Tissue Transplant Organization(NOTTO), Critical Care Society, the donor hospital and Go-Air, who enabled this transplant”*.

At the occasion, **Dr Anvay Mulay, head of the cardiac transplant team of Fortis Hospital, Mulund**, who is leading the Heart Transplant Channel, said, *“We bow to the donor families who have shown tremendous spirit despite their grief and have helped us save lives. We have witnessed rapid societal progression, which has helped us achieve this milestone. Their noble consent has enabled the donor families loved ones to live on, amongst the recipients. We hope to build a society that will rise to ask for the opt-out system to be adopted in our country”*.

**Mr Raj Gore, R-COO(South & West), Fortis Healthcare**, added, *“Clinical and non-clinical teams led by Dr Mulay have been instrumental in driving the transplant program which completed two years recently. 47years since the 1st heart transplant was attempted in Mumbai, Dr Mulay pioneered transplants for the state on Aug 3rd 2015, going on to conduct over 50 life-saving heart transplants. Efforts by all socially responsible stakeholders helped increase awareness about the cause of Organ Donation, which enabled these transplants. Close to half a million Indians die, failing to get organs on time; we can help save such lives by pledging to donate our organs. We all have ‘More to Give’*.

The **32yr old recipient Kseniia Shchihol**, said, *“I owe my second life to the medical aid I have received here. I’d lost all hope but the medical and nursing teams kept my spirit up through my transplant journey. We are all set to go home next week”*.

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**About Fortis Healthcare Limited:**

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**For more information, please contact:**

<b>Fortis Healthcare:</b>	<b>Madison PR:</b>
Ajey Maharaj – 98717 98573 <a href="mailto:Ajey.maharah@fortishealthcare.com">Ajey.maharah@fortishealthcare.com</a> Priya Bendre - 77385 70894 <a href="mailto:priya.bendre@fortishealthcare.com">priya.bendre@fortishealthcare.com</a>	Jeanelle Rodrigues- 98194 91102 <a href="mailto:Jeanelle.rodrigues@madisonpr.in">Jeanelle.rodrigues@madisonpr.in</a> Saloni Dave- 96648 53836 <a href="mailto:Saloni.dave@madisonpr.in">Saloni.dave@madisonpr.in</a>