

## **Youngest Heart recipient successfully discharged from Fortis Hospital, Mulund**

*~ The long wait for the family of the 3.5yr old has finally ended as doctors discharge the toddler on the eve of World Heart Day ~*

*~ The heart was donated by the family of an 11month old boy from Surat, earlier this month ~*

**Mulund, Mumbai, 28<sup>th</sup> September, 2017:** Doctors at Fortis Hospital, Mulund gave Aaradhya, a 3.5yr old baby who received a heart recently, a green signal to go home, yesterday. The heart was transplanted after the parents of an 11mth old boy from Surat consented to donate his organs. The heart transplant was performed on Aaradhya who was suffering from *Dilated Cardiomyopathy* and was put on the waitlist for a heart since August, 2016. The transplant team was led by **Dr Anvay Mulay, Head of Cardiac Transplant Team, Fortis Hospital, Mulund** in Mumbai.

Doctors were treating the baby girl for a period of 22 days post-surgery and have been monitoring her condition round the clock. **Dr Swati Garekar, Paediatric Cardiologist, Fortis Hospital, Mulund**, who was part of the team of doctors said, *"She has responded well to the treatment and has recovered at a good pace. We will require her to come for follow-up treatments every week, which will gradually wean to a month and then become a yearly visit. We wish her the best of success in life and we look forward to celebrating each milestone with her."*

Speaking on the success of the transplant and the milestone achieved, **Dr Anvay Mulay, Head of Cardiac Transplant Team**, who conducted the surgery said, *"Our youngest recipient so far is going home today, her courage during this ordeal is exemplary; she's a real brave heart. Her second life has been made possible only because of the parents of the 14mth old donor; we bow to their brave decision to donate, they cannot be lauded enough."*

The parents of the young girl have been advised to take each day gradually. The family will be residing at their new residence, to avoid any infections. At her discharge, the little patient, cradled in her father's arms, was accompanied by the Cardiac Care team, ICU & Nursing teams who bid her farewell amidst much fanfare.

**Aradhya's father** further adds, *"Since her immune system is low and she requires round-the-clock care, we have been advised to follow strict guidelines, which include that she can't be outdoors for long and cannot, under any circumstance be getting any infection. We are really grateful to the whole team of doctors at Fortis who have supported us right from her first admission to her discharge. We are happy to take our baby girl home and will take all the requisite care to ensure good health".*

Harping on the need to create more awareness about Organ Donation in the country, **Dr. Mulay** adds, *"Out salute to every family who has contributed to the cause of Organ Donation. We urge more such families and the society to come together, make informed decisions and help save and enrich the lives of many more critically ill patients."*

**Press Release**  
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